

MENTAL STATUS EXAMINATION

Date	Clinician
Client's Name	
ASSESSMENT	
PRESENTATION PROBLEM(S);	
PRECIPITATING EVENT(S):	
PRESENTATION SYMPTOM(S):	
PRESENTATION SIGN(S):	
OTHER:	
MULTIAXIAL DIAGNOSTIC ASSESSMENT	
AXIS I Clinical Syndrome(s)	
AXIS II Personality disorder/Developmental Disorder(s)	
AXIS III Medical Disorder(s)	
AXIS IV Psychosocial Stressor (0-6)	
AXIS V (a) Highest level of current functioning (b) Highest level of functioning in the past year	

APPEARANCE

___ actual age

ATTITUDE & BEHAVIOR

___ alert

- older
- younger

GENDER

- male
- female

RACE

- Caucasian
- African-American
- American Indian
- Hispanic
- Other _____

HEIGHT

- tall
- medium
- short

PUPILS

- equal
- constricted
- dilated

BUILD

- thin
- medium
- heavy
- athletic
- obese

HYGIENIC STATE

- clean
- unshaven
- odorous

CLOTHING

- neat
- untidy

POSTURE

- normal
- slumped
- blushing
- sweating

FACIAL EXPRESSION

- amiable
- happy
- worried
- tense
- angry
- suspicious
- sad
- immobile

MOOD

- anxious

- confused
- drowsy
- hypervigilant
- stuporous

MUSCULAR MOVEMENT

- normal
- fidgety
- excited
- hyperactive
- hypoactive

ATTENTION SPAN

- satisfactory
- poor
- distractible

EYE CONTACT

- good
- avoidant
- stares into space

MANNERISMS

- none
- pacing
- handwringing
- stereotypy
- tics

PSYCHOLOGICAL SIGNS

- none
- tearful
- tremorous
- crying
- blushing

DEMEANOR

- friendly
- worried
- boastful
- trustful
- demanding
- cooperative
- uncooperative
- resistive
- hostile
- reserved
- evasive
- dramatic
- covertly seductive
- self-deprecatory
- arrogant
- cold
- irritable
- apathetic

THOUGHT CONTENT

- fearful
- suspicious
- depressed
- euphoric
- relaxed
- angry
- guilty
- ashamed**
- indifferent**

AFFECT

- appropriate to content
- labile
- inappropriate
- blunted
- flat

SPEECH

- soft
- normal
- loud
- screaming

THOUGHT & ASSOCIATION

- logical
- blocking
- loose
- incoherent
- clang (rhyming)

PROVERB RESPONSE

Bird in the Hand

- abstract
- concrete
- peculiar

JUDGMENT

- good**
- adequate**
- poor**

ESTIMATED INTELLIGENCE

- above average
- average
- borderline
- retarded

Delusions:

- grandiose
- persecutory
- somatic
- being controlled
- olfactory
- none

Hallucinations:

- yes no vision
- yes no auditory
- yes no olfactory

Illusions & ideas reference

- yes no

Obsessions & compulsions

- yes no

Suicidal ideation

- yes no intent
- yes no plan

Homicidal

- yes no intent
- yes no plan

Motivation for Treatment

- fair
- high
- poor

Insight

- fair
- high
- poor

Self-perception

- no impairment
- de-personalization
- de-realization

SENSORIUM

Oriented for

- time
- place
- person

Memory impaired

- yes
- some
- no