

## IST 2012 Pastoral Theology and Care Fall 2020 Online

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### Course Description

This course is an introduction to the practice and theology of spiritual and pastoral care<sup>1</sup> based upon spiritual, theological, psychological, and ethical perspectives. Students will learn and practice competencies in interreligious, evidence-based, and socially just spiritual care. The course's competency-based pedagogy helps students identify and spiritually integrate their own experiences of stress—especially academic stress—while learning and practicing the ways that spiritual care is different from mental health care. In spiritual care courses, Iliff students are expected to bring travelling knowledge from many of their courses to learn how to offer socially just spiritual care that fits Iliff's "commit[ment] to social justice, inclusiveness, and religious diversity" (<http://www.iliff.edu/our-president/>). Iliff's longstanding history of respect for religious differences makes it a hospitable place for students of all religious and philosophical orientations, many of whom have multiple religious identities.

### Professional Degree Learning Goals (MDIV, MAPSC)

**MDIV Degree:** Demonstrate a complex interdisciplinary understanding of theological disciplines, as well as develop and embody a comprehensive range of ministerial responsibilities, skills, and capacities – intellectual and affective, individual and corporate, ecclesial and public – that inform and support a life of religious leadership.

**MAPSC Degree:** Demonstrate a complex interdisciplinary understanding of the human person in social context, develop and demonstrate an intercultural approach to pastoral and spiritual care, and demonstrate personal and professional competencies needed by effective caregivers.

**Courses in Theology and Religious Practices (PR):** Engage in analysis of contemporary religious traditions and institutions in order to assess, design, and perform meaningful leadership practices with sensitivity to contextual realities and relationships.

**Course Learning Outcomes:** See *Canvas Modules/Course Documents/IST 2012 Course Learning Outcomes*

**Course Learning Covenant:** See *Canvas Modules/Course Documents/IST 2012 Learning Covenant*

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<sup>1</sup> Pastoral care historically describes care with Christian traditions/communities, although it has also been used to describe care in Jewish traditions. Spiritual care is now used in health care and military contexts to describe care offered by chaplains. Spiritual care within a religion is now described by identifying the religion/tradition (e.g., Buddhist spiritual care).

## Textbook

Doehring, C. (2015). *The practice of pastoral care: A postmodern approach* (Revised and Expanded Ed.). Westminster John Knox. **Note: Do not buy the 2005 edition.**

All other readings will be posted.

## Assignments

1. Discussion posts and responses: 40% of grade
  - W1 Discussion – 50 points
  - W2 Discussion – 50 points
  - W3 Discussion – 50 points
  - W4 Discussion – 50 points
  - W10 Discussion – 30 points
  - Total 230 points
  
2. Spiritual Care Conversation assignments and discussions: 60% of grade
  - W2 Spiritual Care Conversation Assignment – 10 points
  - W3 Care Seeker Assignment – 10 points
  - W4 Care Seeker Assignment – 10 points
  - W5 Caregiver Assignment – 10 points
  - W6 Spiritual Care Conversation Discussion – 30 points
  - W7 Spiritual Care Conversation Discussion – 50 points
  - W8 Spiritual Care Conversation Discussion – 50 points
  - W9 Spiritual Care Conversation Discussion – 30 points
  - W9 Caregiver Assignment – 100 points
  - Total 300 points

### Week 1

1. Update your Canvas profile
2. Read *Course Learning Outcomes*
3. Read *Course Learning Covenant*
4. Read Doehring (2015) Introduction, pp. xiii –xxviii (15 pages)
5. Review the chart on differences among spiritual care, spiritual direction, and spiritually oriented counseling
6. Watch Carrie's video (4:22)
7. Watch Kelly's video (6:32)
8. Post/respond in the Week 1 Discussion forum (50 points)

### Week 2

1. Use a breath-centered spiritual practice
2. Read Doehring (2015) Chapter 1, pp. 10-36 (36 pages)

3. Read Doehring, C., & Kestenbaum, A. (2021). Practicing socially just, interreligious, and evidence-based spiritual care In S. Rambo & W. Cadge (Eds.), *Introduction to chaplaincy and spiritual care*. University of North Carolina Press. (23 pages)
4. Read *Spiritual Care Conversation Tasks & Assignments* (2 pages)
5. Watch the video *Spiritual Care Conversation Between Pastor Lou and Lois* (15:53)
6. Read Davis, L. (2019) *Care conversation reflections* (8 pages)
7. Post/respond in the Week 2 Discussion forum (50 points)
8. Complete the Week 2 Spiritual Care Conversation Assignment (10 points)

### Week 3

1. Use a spiritual practice
2. Read Doehring (2015) Chapters 2 (pp. 37-52), 3 (pp. 53-72), and 5 (pp. 85-116) (69 pages total)
3. Watch video clips of pastoral care conversations from the film *You Can Count on Me* (~8 minutes total)
4. Post/respond in the Week 3 Discussion forum (50 points)
5. Complete the Week 3 Care Seeker Assignment (10 points)

### Week 4

1. Use a spiritual practice
2. Read Doehring (2015) Chapter 4, pp. 73-84 (12 pages)
3. Find your denominational/professional code of conduct, including sexual misconduct policy
4. Find your state requirements on mandated reporters of abuse
5. Post/respond in the Week 4 Discussion forum (50 points)
6. Complete the Week 4 Care Seeker Assignment (10 points)

### Week 5

1. Follow instructions outlined in *Canvas Modules/Course Documents/IST 2012 Spiritual Care Conversation Tasks & Assignments 2020*
2. Complete the Week 5 Caregiver Assignment (10 points)

### Week 6

1. Use a spiritual practice
2. Watch the Zoom video in which you were the caregiver
3. Reflect on examples of what the care seeker said that suggested they were struggling with meanings around suffering
4. Post in the Week 6 Discussion forum (30 points)

### Week 7

1. Use a spiritual practice
2. Read Doehring (2015) Chapter 7, pp. 155-172 (18 pages)
3. Read Lizardy-Hajbi, K. (2020). Frameworks Toward Post/Decolonial Pastoral Leadership. *Journal of Religious Leadership*. (18 pages)

4. Review Doehring & Kestenbaum (2021) (23 pages)
5. Post/respond in the Week 7 Discussion forum (50 points)

### **Week 8**

1. Use a spiritual practice
2. Read Doehring (2015) Chapter 8, pp. 173-186 (14 pages)
3. Read LaMothe, R. (2018). Chapter 1 in *Pastoral reflections on global citizenship: Framing the political in terms of care, faith, and community* (pp. 1 – 29). Lexington. (29 pages).
4. Read Todd, J. (2020). Iliff commencement charge to the 2020 graduating class (3 pages) or watch the charge: <https://www.youtube.com/watch?v=z9fkrjvS8GI&feature=youtu.be> (5:57)
5. Read Leath, J. (2020). However,... The Berkeley Forum. (2 pages)
6. Post/respond in the Week 8 Discussion forum (50 points)

### **Week 9**

1. Review Davis (2019) *Care conversation reflections* (8 pages)
2. Caregiver: Review your posts and the responses you received in the weeks 6, 7, and 8 Discussion forums
3. Caregiver: Reflect on how you did/did not demonstrate course learning outcomes in this spiritual care conversation
4. Post your reflections to the Week 9 Discussion forum (30 points)
5. Upload your reflections to the Week 9 Spiritual Care Conversation Assignment (100 points)

### **Week 10**

1. Reflect on course content and what you learned
2. Post to the Week 10 Discussion forum (30 points)