

CUESTA COLLEGE

KINESIOLOGY, HEALTH SCIENCES, AND ATHLETICS DIVISION

HEED 208: Multicultural Health Distance Education

4 Week Course Begins Tuesday May 28th and Ends Friday June 21, 2019

Hello Students

Welcome to our summer HEED 208 course! This course is fully online and there are no mandatory meetings. Below is some information to get you thinking about our course that begins on Tuesday May 28, 2019 and includes how to access the course and textbook information. I would highly encourage you to purchase your textbook right away. There is the option for purchasing a hard copy or an ebook. If you have any questions, please email me through our canvas inbox. I look forward to "seeing" you all on Tuesday May 28th!

Dr. Angela Neary

HOW TO ACCESS YOUR ONLINE CLASS:

Canvas is your online modality to this course.

How to access Canvas quickly:

1. Go to www.cuesta.edu
2. On the top of the page, click on "Canvas"
3. Log in with your cuesta college username and password.
4. Click on your summer class (HEED 208) to get started.

It is important that read all information carefully and that you keep up with your reading, assignments, quizzes etc. and recognize due dates in order to stay on track! It is a very fast paced course and it is important that you take responsibility for the work required.

Instructor: Dr. Angela Neary

EMAIL:

Your instructor will be using Canvas email/Message/Announcements for this class.

- **It is highly suggested by your instructor that you check your canvas inbox email and announcements at least once a day for information sent by your instructor.**
- **If you are not able to access the Canvas inbox for email, you can email me at angela_neary@cuesta.edu**

ONLINE TECH HELP:

IMPORTANT NOTE: If you have technical difficulties contact the tech support services first.

- **Please do not expect your instructor to solve your tech issues. Your instructor is not your tech support! The tech support services work well. I have used them many times and they are very helpful but you will need to be patient and respectful of tech support!**

Online help from Cuesta:

- Send an email to support@my.cuesta.edu
- **Include your name, class, section number, and instructor's name.**
- Describe the problem you are experiencing.

REQUIRED TEXTBOOK

How to purchase your textbook:

- You can either purchase an electronic book (EBook) online **OR** a Hard Copy of the textbook in the Cuesta Bookstore.
- You do not need to purchase both. It is your preference.....some students prefer a hard copy and others prefer an ebook.
- **Hard Copy Information** from the Cuesta College Bookstore: ISBN#: 0321516419. You can purchase the used book **you do not need the access code.**
- **Ebook Purchase Information** : Online Registration Instructions
- Click on the link below to purchase the ebook and follow directions
- Health: Making Choices for Life Authors: Lynch, A., Elmore, B., Kotecki, J.
- <http://www.mypearsonstore.com/bookstore/health-making-choices-for-life-subscription-9780321897671?xid=PSED> (Links to an external site.)Links to an external site.